

Audizen Drops Supplement: Natural Tinnitus & Ear Health

Audizen Drops are marketed as a natural hearing support supplement targeting tinnitus and ear health. This review analyses Audizen's liquid formula, active ingredients, and claimed mechanisms, and compares it to other options (including Audizen capsules and hearing aids). We examine clinical evidence and guidelines on supplements for tinnitus, summarise Audizen reviews and user experiences, and detail recommended dosing and safety. Although Audizen's proprietary blend (containing ginkgo biloba, magnesium, vitamins B6/B12, antioxidants, etc.) is intended to improve circulation and nerve function in the inner ear, independent studies of such supplements are limited. Most clinical guidelines note that no dietary supplement has been proven to cure chronic tinnitus. User feedback is mixed: a minority report slight improvements in hearing, but many users see little change. We include expert and regulatory sources on tinnitus and nutritional therapy, a comparison table (Audizen drops vs capsules vs hearing aids), and a balanced conclusion.

Product Overview (Audizen Drops)

Audizen is presented as an “advanced support for healthy hearing function”. The Audizen Drops formula (liquid sublingual supplement) uses *natural ingredients* to “soothe, protect, and restore” inner-ear health. In marketing materials the company claims Audizen “*soothes ear irritation, supports ear health, [and] moisturises and protects*” (see infographic). The product is offered via an Audizen official website (with multi-bottle offers and a 60-day money-back guarantee). Each batch is manufactured in FDA-registered, GMP-certified facilities. To “buy Audizen” legitimately, consumers are advised to order only from the official site; this avoids counterfeits often sold on marketplaces. Audizen comes in liquid dropper bottles, distinguishing it from the original Audizen capsules (see Table below). The Drops formula is designed for sublingual use (under the tongue), allowing faster absorption than pills. (Audizen capsules and drops appear to share similar ingredients, but in different formats.)

Figure: Audizen marketing infographic claims (“soothes ear irritation”, “supports ear health” etc.). These promotional claims are not independently verified.

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Ingredients & Claimed Mechanisms

Audizen's formula combines several nutrients and botanicals thought to support ear and nerve health. According to the official site, each serving contains a blend of: ginkgo biloba, magnesium, zinc, B-vitamins (B6, B12, folate), alpha-lipoic acid (ALA), N-acetyl-L-carnitine, and various herbal extracts. In the Audizen Drops press materials (for neuropathy), key components include Ginkgo, magnesium (citrate), vitamin B12, hibiscus, ALA, hawthorn berry, and gymnema. Many of these ingredients have some background in auditory or nerve health (see Table below). For example:

- **Ginkgo biloba** – a circulatory enhancer with antioxidants. It is believed to improve blood flow to peripheral nerves and the cochlea. (Audizen promotional text highlights ginkgo's microcirculation and anti-inflammatory effects in the inner ear.) In Audizen Drops materials, ginkgo is said to enhance nerve blood flow and reduce oxidative stress.
- **Magnesium** – essential for nerve signal regulation and muscle relaxation. Deficiency is linked to inner-ear dysfunction. Some studies suggest magnesium supplements may reduce auditory sensitivity and tinnitus severity. (Audizen cites a study where magnesium reduced neuropathic pain.)
- **Vitamin B12 (methylcobalamin)** – needed for nerve repair and myelin sheath maintenance. Deficiency can worsen tinnitus symptoms, and small trials indicate B12 repletion may help hearing and tinnitus in deficient patients. Audizen includes B12 to “support nerve function”.
- **Zinc** – a mineral involved in tissue repair and neurotransmission. Zinc deficiency has been associated with tinnitus and hearing loss. However, trials show supplemental zinc only helps tinnitus if the person is zinc-deficient, not otherwise.
- **Folate (Vitamin B9)** and **Vitamin B6** – nutrients that support blood flow and neurotransmitter production. Low folate may aggravate hearing problems; Audizen lists folate and B6 as supporting inner-ear oxygenation.
- **Alpha-Lipoic Acid (ALA)** – a potent antioxidant that regenerates other antioxidants. ALA has been shown to reduce neuropathic symptoms (e.g. in diabetic neuropathy) and may protect cochlear hair cells from damage.
- **N-Acetyl-L-Carnitine (NALC)** – an acetylated form of the amino acid carnitine involved in cellular energy and nerve protection. Some preclinical studies suggest it can support neuron health, though robust tinnitus data are lacking.
- **Herbal extracts** – Audizen lists anti-inflammatory botanicals in its blend. The Drops formula press release mentions **hibiscus**, **hawthorn berry**, and **gymnema** for nerve health. Hibiscus and hawthorn have antioxidant/anti-inflammatory actions; gymnema is claimed to “calm overactive nerve signals”. (Audizen also cites a “Neurocalm Blend” – a proprietary mix of adaptogens – but details are undisclosed.)
- **Pine Bark Extract (Pycnogenol)** – not specifically listed in the product label above, but some Audizen promotional pieces mention pine bark (a rich antioxidant) as supportive of circulation.

In summary, the ingredients target three main mechanisms: improving microcirculation to the inner ear (ginkgo, hawthorn), reducing inflammation/oxidative stress (ALA, antioxidants), and supporting nerve function (B12, magnesium, NAC). The official Audizen narrative emphasizes that this combination “strengthens and protects the delicate structures of the ear”. In theory, better blood flow and nutrient support could help hair cells and auditory nerves, while antioxidants fight the free

radicals linked to chronic tinnitus. However, these mechanisms are proposed and not clinically proven for Audizen.



Clinical Evidence on Ingredients

No peer-reviewed clinical trials have tested Audizen Drops itself. Thus, any claims must be evaluated by the evidence on its individual components. Unfortunately, high-quality trials of supplements for tinnitus generally show limited or no benefit. For example, the American Tinnitus Association notes that while Ginkgo biloba is well-studied, results are *conflicting*, and the AAO-HNS clinical guidelines explicitly advise against recommending ginkgo, zinc, melatonin or similar supplements for persistent tinnitus.

- **Ginkgo biloba:** Multiple trials and a systematic review have found *mixed results* for tinnitus relief. Some individual studies show slight improvements in a subset of patients, but overall benefits are unproven.
- **Magnesium:** Deficiency of magnesium is known to affect hearing, and some small studies suggest magnesium supplements might modestly improve ear function or protect against noise damage. One review notes that “magnesium supplements are likely to benefit” ear health, but high-quality human trials specifically on tinnitus are lacking.
- **Zinc:** Research indicates zinc supplements help only those with a documented deficiency. In general tinnitus populations, zinc therapy has not shown significant benefits.

- **Vitamin B12:** Vitamin B12 deficiency can cause hearing issues and tinnitus. In small trials where tinnitus patients were B12-deficient, supplementation sometimes improved symptoms. However, routine B12 use for tinnitus in non-deficient individuals is not well established.
- **Alpha-Lipoic Acid (ALA):** Clinical trials of ALA have found it can reduce symptoms in diabetic neuropathy. By analogy, Audizen cites an ALA effect: a study in *Diabetes Care* showed a 30% pain reduction over 12 weeks. But that was for peripheral neuropathic pain, not tinnitus. Its efficacy for ear-related conditions is not documented.
- **N-Acetyl-L-Carnitine (NALC):** There is little direct research on NALC for tinnitus. Some tinnitus supplements include it for nerve health, but evidence is anecdotal.
- **N-Acetylcysteine (NAC):** (Different from NALC, but relevant because Audizen products have featured NAC.) A rigorous double-blind trial found that NAC did *not* affect post-surgery hearing outcomes, tinnitus, or balance. This suggests that simply taking an antioxidant like NAC alone had no measurable impact on tinnitus in that setting.

Moreover, a survey of tinnitus patients found that over 70% reported *no effect* from supplements, with only ~19% noting any improvement. Tinnitus specialists emphasise that “dietary supplements are ineffective” for chronic tinnitus. In practice, any hearing or tinnitus benefit from Audizen’s ingredients would likely be modest or limited to individuals with specific nutrient deficiencies. None of the ingredients is a proven “cure” for tinnitus.



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User Experiences and Outcomes

Independent user reviews paint a mixed to negative picture of Audizen's efficacy. On platforms like Trustpilot, the vast majority of customers reported *no noticeable improvement* in tinnitus after using Audizen. One Trustpilot summary notes that *"Many customers found the product ineffective, reporting no improvement even after extended use,"* and only a small portion described any hearing benefits. For instance, several buyers said that after months of use their tinnitus was unchanged. (The pie chart below is an illustrative summary of reported outcomes from available reviews.)

- ★★★★★ *Positive remarks:* A handful of users (often with five-star ratings) claimed improved hearing clarity or reduced ringing. For example, one verified purchaser said Audizen "did wonders" to support her hearing. Another in marketing materials described finally sleeping without tinnitus after trying many products. However, these testimonials come from company sources and lack verification.
- ★☆☆☆☆ *Negative remarks:* Many users strongly disagreed. Complaints include *"no relief"* or even *"scam"*. One reviewer wrote that he tried Audizen for three months with *"no improvement"* of his tinnitus. Others said the marketing (ads featuring fake doctors or fake scarcity) seemed deceptive. There were also frequent refund disputes (users claiming the 60-day guarantee was hard to use).

(AI-generated Trustpilot summary) *"Most reviewers were let down by their experience... Many customers found the product ineffective, reporting no improvement in their conditions even after extended use... Conversely, a small portion felt the product was helpful, noting improvements in hearing clarity."*

Overall, while a few individuals report subjective benefit, the preponderance of independent reviews suggest limited to no effect. As with many supplements, outcomes vary. A (non-expert) pie-chart interpretation might be: ≈90% of users see minimal or no change, with perhaps 5–10% noting modest improvements. (Formal clinical data on user outcomes is not available, so this is a rough summary of anecdotal feedback.)



Safety, Side Effects, Contraindications

Audizen's ingredients are generally natural and well-tolerated, but some safety considerations apply. The formula contains no stimulants, gluten or GMOs, and no harsh additives. Nevertheless:

- **Ginkgo biloba** – can act as a blood thinner. People on anticoagulant or antiplatelet medications should be cautious. The official guidance notes that those on blood thinners or with clotting disorders should consult a doctor before using Audizen Drops.
- **Allergic reactions** – although rare, anyone with allergy to trees or plants (e.g. ginkgo, nuts, herbs) should be cautious.
- **Gastrointestinal upset** – a few users report mild stomach upset or nausea when taking auditory supplements, but Audizen claims its formulation is gentle.
- **Pregnancy and nursing** – as with most supplements, pregnant or breastfeeding individuals are advised to avoid Audizen without medical advice. The press release explicitly states it should be avoided in these cases.
- **Medication interactions** – aside from blood thinners, other drug interactions are unlikely but not fully ruled out. For example, magnesium supplements can interfere with certain heart or diuretic medications.

No severe adverse effects have been reported publicly, but full safety profiles for multi-ingredient supplements are hard to establish. Unlike prescription drugs, dietary supplements do not undergo FDA review for efficacy or safety. Audizen is not FDA-approved as a drug (though it is made in

FDA-registered facilities). Common sense precautions apply: users should follow dosing instructions and consult a clinician if they have chronic health conditions.



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Dosing and Administration (Drops)

Audizen Drops are administered sublingually (under the tongue). The manufacturer's recommendation is 2–6 drops daily, typically with a meal. The drops should be held under the tongue briefly before swallowing to maximize absorption. Some sellers suggest 1–2 full droppers (about 1–2 mL) once or twice a day. The product label (Amazon listing) states: *“Take 1–2 droppers daily; place Audizen Pro Drops directly in your mouth and swallow”*.

Audizen advises a *minimal usage period of 60–90 days* to assess benefit. As with most hearing supplements, any improvements tend to be gradual. According to company materials, users may notice “*improvements within weeks*”, but optimal results take several months. This aligns with the notion that nutrients accumulate over time. There is no need to taper the dose; consistency is encouraged. No dosing adjustment guidelines (e.g. for age or weight) are provided.

For completeness, the older Audizen capsules (ear health supplement) were taken twice daily with food as a standard regimen. But for Drops we focus on the liquid form. The sublingual route in theory increases bioavailability (bypassing digestion), but whether this significantly improves results over capsules is unknown.

Comparisons: Audizen Drops vs Capsules vs Hearing Aids

Feature	Audizen Drops	Audizen Capsules	Hearing Aids
Cost (rough)	~\$20–\$30 per bottle (1–2 months)	~\$50–\$80 for 3–6 months (capsules)	Several hundred to thousands of £/££ (especially prescription aids)
Mechanism	Liquid supplement (natural nutrients delivered sublingually)	Oral supplement (blended vitamins/herbs)	Electronic device amplifying external sound; may include tinnitus-masking features
Onset of Action	Slow – requires weeks to months; not immediate	Slow – weeks to months to accumulate effect	Fast – improvement begins immediately upon use (sound is amplified)
Pros	* Natural, easy sublingual use; fewer pills, 60-day guarantee * May benefit those with mild deficits/nutrient gaps	* Well-known formula; no need for eating with dropper * Easy dosing (capsules)	* Clinically proven to improve hearing and often reduce tinnitus * Immediate effect and adjustable settings
Cons	* Evidence limited; many users see no benefit * Slow to act; requires compliance with dosing (2–6 drops daily) * Taste issues possible (some report bitterness)	* Similar cons as drops (unproven efficacy) * Risk of forgetting pills or gastrointestinal upset	* High cost (often >£1,000 per aid) * Requires audiologist fitting and maintenance * Not helpful if hearing is normal

Notes: Hearing aids are a standard medical treatment for tinnitus when hearing loss is present. In contrast, Audizen (drops or capsules) is an over-the-counter supplement. The supplements may appeal to those seeking a natural approach or with mild symptoms, but clinicians emphasize that hearing aids or sound therapy are more reliable for significant hearing/tinnitus issues.

Buying Guidance and Authenticity

When ordering Audizen, it is crucial to use official channels. The Audizen official website and authorized retailers are the recommended sources. A GlobeNewswire release and Audizen's own site warn that only purchases from the official site guarantee authenticity. Many third-party listings (Amazon sellers, eBay, etc.) may offer expired, counterfeit or unauthorized stock. (For instance, some Amazon listings are by unrelated sellers with mixed reviews.)

Audizen offers a 60-day money-back guarantee on its site. To use it, you must have purchased from the official store; returns/refunds via that guarantee are not honored for third-party buys. Buyers should document their purchase and follow official return procedures if dissatisfied. Be wary of splashy ads or "limited time" tricks; these are common in affiliate marketing and not unique to Audizen.

A note on pricing: Audizen Drops typically sell for around 49\$ per bottle (varies by promotion). Bulk packages reduce the per-bottle price. Avoid extremely cheap offers (they may be scams). If a deal looks too good, verify it on Audizen's site. Always check for an official "audizen" logo and domain. In summary, the safest approach is *order Audizen only from the official website*, keep copies of order confirmations, and use credit cards for purchase protection if possible.

Package	Quantity	Supply Duration	Per Bottle Price	Total Price	Shipping
Basic	2 BOTTLES	60 DAY SUPPLY	\$79	\$158	+9.99
BEST VALUE!	6 BOTTLES	180 DAY SUPPLY	\$49	\$294	+FREE
Most Popular	3 BOTTLES	90 DAY SUPPLY	\$69	\$207	+FREE

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FAQs

- **What is Audizen Drops?** It's a liquid dietary supplement (taken under the tongue) formulated to support hearing and tinnitus. It contains natural herbs and nutrients for **ear health**. Audizen Drops is essentially a different format of the Audizen hearing support supplement.
- **Is Audizen FDA-approved?** No, Audizen is a *dietary supplement*, not a drug. Its manufacturing facility is FDA-registered, but the product itself is not FDA-evaluated for tinnitus. (This is standard for vitamins/herbs.)
- **How do I take Audizen Drops?** The manufacturer suggests 2–6 drops daily under the tongue, ideally with food. Some product info advises 1–2 droppers per day. Hold the liquid under your tongue briefly, then swallow.
- **When will I see results?** Supplements like Audizen are not immediate fixes. The company recommends using it for at least 60–90 days to judge effectiveness. Some users may notice subtle changes after a few weeks, but substantial improvement (if any) typically takes months. If no benefit appears after 2–3 months, it may not be working for you.
- **Does it cure tinnitus?** No. Audizen is marketed as providing *support* (e.g. better circulation, nerve health), not as a cure. Current medical consensus says there is no cure for chronic tinnitus. Audizen may help some people experience less tinnitus *severity*, but results vary and are not guaranteed.
- **What are the side effects?** Most people tolerate Audizen well. Possible mild side effects include stomach upset or headache. Because of ginkgo, those on blood thinners or with bleeding disorders should be cautious. Pregnant or nursing women should avoid it unless a doctor approves. If in doubt, consult a healthcare professional before starting any supplement.
- **How do I get Audizen (order Audizen)?** You can purchase Audizen Drops from the official website or (carefully) from trusted retailers. Watch out for fake sites: the domain should be an official “audizen” site as promoted by the company. Avoid clicking unknown ads or pop-ups. If you see an affiliate-linked review or video, check that it links to the true Audizen store and not a scam site.
- **Is there a guarantee?** Yes. The official Audizen site offers a 60-day money-back guarantee. You must contact their customer service and return unused product within the guarantee window to get a refund. Keep records of your order and communication in case of disputes.
- **What if I don't notice a benefit?** If you get no relief after a couple of months, you may consider discontinuing use. It's wise to consult an audiologist or ENT specialist for persistent tinnitus. Other remedies (see below) might be more effective.

Conclusion and Recommendations

Audizen Drops is a *marketed dietary supplement* combining well-known nutrients (ginkgo, magnesium, B-vitamins, antioxidants) that *theoretically* support inner-ear health and nerve function. However, independent evidence specifically supporting Audizen's efficacy for tinnitus is lacking. Clinical guidelines generally do *not* endorse supplements as a reliable tinnitus treatment. Available studies on similar ingredients show at best marginal benefit, often only in specific deficiencies (e.g. low zinc or B12).

Real-world reviews of Audizen Drops indicate most users experience little change, though a small minority reports subjective improvement. Safety risks appear low for most people, but the product may offer no effect beyond placebo for many. In contrast, standard approaches like hearing aids or sound therapy are proven to help many with tinnitus (especially when hearing loss is present). Hearing aids provide immediate relief by amplifying sound, whereas Audizen requires long-term daily use.

Recommendation: If you have mild tinnitus or want to try a natural supplement, Audizen Drops might be worth testing (especially since there is a money-back guarantee). Use it exactly as directed (2–6 drops daily for at least 2–3 months). But manage expectations: it is *not a cure* and results are uncertain. Do **not** abandon medical advice; consult a doctor or audiologist for chronic tinnitus. If you choose to buy, only purchase via the official Audizen site to ensure authenticity. Lastly, consider evidence-based treatments (hearing devices, cognitive therapies, etc.) as primary strategies, with Audizen as a complementary attempt at natural support.

Meta Description (160 chars): Audizen Drops ear health supplement for tinnitus relief. Review of ingredients, evidence, user feedback, safety, and comparisons to other options.

Alternate Title (55–60 chars): Audizen Drops Review: Natural Ear Health & Tinnitus Support

Suggested Tags: tinnitus, ear-health, dietary-supplement

Sources: Authoritative tinnitus resources and Audizen materials were used. Key references include Audizen’s official site, a major press release, the American Tinnitus Association, NIH/NIDCD health pages, and independent user reviews. Any therapeutic claims are noted as unverified when evidence is limited. A balanced perspective is given: no breakthrough tinnitus cure is supported by current science.



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