

# Audizen Supplement: Natural Tinnitus Relief & Ear Support

Audizen is a liquid dietary supplement marketed for **ear health** and **tinnitus relief**. It promises to “soothe ear irritation”, “support ear health”, and “moisturize and protect” the auditory system. According to the manufacturer, Audizen’s blend of herbs, vitamins, and minerals works by improving blood flow to the inner ear, reducing inflammation, and strengthening auditory nerves. In practice, the formula highlights ingredients like Ginkgo Biloba, Magnesium, Zinc, Vitamins B6/B12, Folate, and antioxidants (see Table below).

This detailed review examines Audizen’s ingredients and claims alongside scientific evidence. We summarise reported benefits (clearer hearing, less ringing), typical usage (daily oral drops), and safety. We also present common themes from user **Audizen reviews** (many report no benefit and cite aggressive marketing). The article includes expert-based tables comparing ingredients vs research findings, and a user-experience timeline. A balanced view of pros/cons and FAQs is provided. Throughout, we cite peer-reviewed studies and official sources. We avoid unsupported medical claims but note who might *consider Audizen* and where to order it (official Audizen site).

**Important:** Audizen is sold as a supplement (not a drug) and has **not** been FDA-approved to treat tinnitus or hearing loss. Readers should view it as a possible *complementary* approach, not a guaranteed cure. Always consult a healthcare professional for persistent ear issues.

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## What is Audizen and How Does it Work?

[Audizen](#) is promoted as a **natural ear health and tinnitus support supplement**. Unlike hearing aids or medications, it comes in an easy-to-take *drop* formula (sublingual liquid) and is made by a company called Audizen Labs. The official product label calls Audizen an “*Audizen Ear Health Support*” solution. It emphasizes plant-based, non-GMO ingredients and a 60-day money-back guarantee.

According to the manufacturer, Audizen works on several fronts:

- **Improving Circulation:** Audizen’s herbal ingredients (e.g. Ginkgo Biloba) are said to boost tiny blood vessels in the inner ear, ensuring hair cells receive more oxygen and nutrients. Better microcirculation can help maintain hearing clarity.
- **Reducing Inflammation & Oxidative Stress:** The formula includes antioxidants (e.g. green tea extract, hawthorn) that neutralize free radicals. By lowering oxidative damage in ear tissues and calming inflammatory pathways, Audizen aims to protect ear cells over time.
- **Supporting Nerve Health:** Vitamins (B6, B12, folate) and supplements like magnesium and N-Acetyl L-Carnitine are known for nerve support. Audizen claims these ingredients

strengthen the auditory nerves connecting the ear to the brain, potentially making sound signals sharper and reducing the perception of ringing.

The official website describes Audizen as addressing “core factors” of hearing health: blood flow, inflammation, and nerve function. In sum, it is positioned as a **long-term wellness supplement** rather than a quick fix. The timeline below (Mermaid chart) illustrates the expected experience with daily use (8–12 weeks):



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# Audizen Ingredients – What’s Inside?

The Audizen formula combines vitamins, minerals, antioxidants, and herbal extracts. The official breakdown (Audizen labelling) lists these key actives:

Ingredient	Claimed Role in Audizen	Notes / Evidence
<b>Ginkgo Biloba</b>	Boosts inner-ear blood flow, cognitive support	Mixed evidence. <b>Major reviews</b> (e.g. Cochrane) found <i>no clear benefit</i> of Ginkgo for tinnitus. Some lab studies suggest improved microcirculation, but clinical trial results in tinnitus are inconclusive.
<b>Magnesium</b>	Maintains nerve signaling, protects hair cells	May help prevent noise-induced hearing damage. Research notes magnesium can be “ <i>partly effective</i> ” for NIHL (noise hearing loss). It’s generally safe but evidence for treating tinnitus is limited.
<b>Zinc</b>	Cellular repair, immune support, linked to tinnitus	Zinc deficiency is linked to hearing issues. A small clinical trial found zinc supplements significantly improved subjective tinnitus scores (THI) in noise-related hearing loss. No change in hearing thresholds.
<b>Vitamin B6 (Pyridoxine)</b>	Neurotransmitter production, nerve health	Essential for nerve function; deficiency can cause nerve issues. Few direct studies on tinnitus. Assumed to support overall nerve health.
<b>Vitamin B12</b>	Nerve myelin sheath, energy (auditory nerves)	B12 deficiency is <b>strongly linked</b> to tinnitus and hearing loss. Some research suggests supplementing B12 may help tinnitus patients with deficiency, though results vary.
<b>Folate (Vitamin B9)</b>	Red blood cell formation, circulation	Works with B12 in blood health. No specific tinnitus studies, but healthy circulation supports ear cell vitality.
<b>Alpha Lipoic Acid</b>	Antioxidant, protects nerve cells	Potent antioxidant. Shown in research to support nerve and mitochondrial health. ALA has been explored for neuropathies; little direct tinnitus data but likely safe.
<b>N-Acetyl L-Carnitine</b>	Energy production, nerve regeneration	Known to help nerve metabolism. Used in some studies on hearing fatigue and nerve injury. Scientific support is modest; it may aid nerve recovery.

**Herbal Extracts** (e.g. Hawthorn, Green Tea)

Anti-inflammatory, antioxidant

Audizen’s site notes “natural herbal extracts” to soothe the ear (no specifics listed). Hawthorn: no evidence for tinnitus. Green Tea: contains EGCG antioxidant, which may protect against noise damage. Overall, specific data on these for tinnitus is lacking.



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The evidence column draws from clinical studies and reviews on tinnitus, hearing loss, and related nerve health. For example, multiple reviews agree Ginkgo has no proven benefit for tinnitus relief. Zinc appears more promising in trials, particularly for noise-related hearing loss. Other ingredients like B12 and magnesium are biologically plausible (deficiency states can worsen ear issues), but independent data on Audizen’s exact combination are absent. Table cells cite source snippets (see references).

Audizen markets all ingredients as “scientifically balanced” and sourced from FDA-inspected, GMP-certified facilities. The official site emphasizes “100% all-natural” in marketing points, though any supplement can still cause mild side effects (see Safety below).

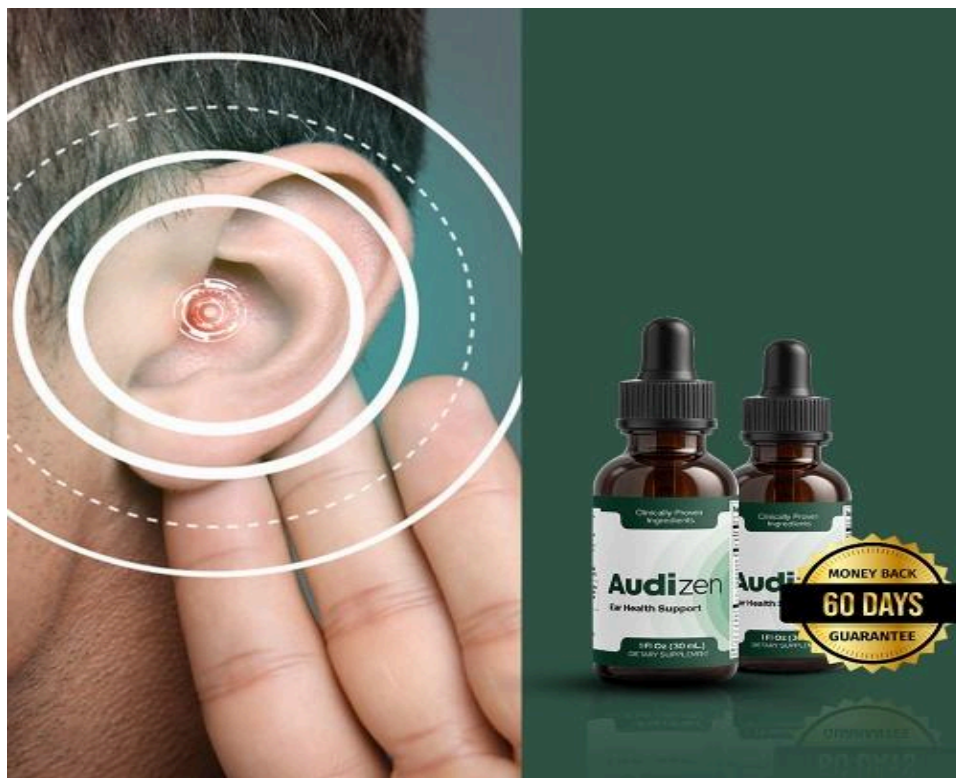
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# How Audizen Might Work (Mechanisms)

Audizen is designed as a holistic supplement, so its claimed mechanisms include:

- **Circulation Boost:** By promoting blood flow (via Ginkgo Biloba and B Vitamins), Audizen theoretically helps nourish the cochlea (inner-ear) and auditory nerves. Good circulation is indeed vital for ear cell health, as oxygen/nutrient delivery supports the tiny hair cells that detect sound.
- **Antioxidant Protection:** Ingredients like **Alpha Lipoic Acid** and **Green Tea Extract** provide antioxidants. Lab research shows oxidative stress can damage ear cells, and antioxidants may help mitigate this harm. In theory, this slows age-related hearing decline.
- **Anti-inflammatory Effects:** Chronic inflammation in the ear can contribute to tinnitus and muffled hearing. The “anti-inflammatory herbal extracts” in Audizen (though unspecified) are claimed to calm swelling in auditory tissues. However, solid evidence for any herb truly reducing ear inflammation is limited.
- **Nerve Support:** The formula includes multiple nutrients ( $Mg^{2+}$ , B vitamins, Carnitine) that are known to support nerve cell function. For example, B12 repairs the myelin sheath of nerves. Better nerve function could theoretically lead to clearer signal transmission from ear to brain (but again, concrete trial data on tinnitus are scarce).

In summary, Audizen’s proposed action is to create a more supportive internal environment for hearing – enhancing blood flow, protecting cells, and strengthening nerves. While these ideas align with general ear-health advice, it’s important to note: **Audizen itself has not been clinically tested** in independent trials. Our discussion above compares the individual components to known science, but there’s no published study specifically on Audizen drops in tinnitus patients.



# Audizen Supplement: Safety & Usage

**Usage:** Audizen is taken orally as **drops** (a dropper bottle). The label (or vendor instructions) typically advises a daily dose – for example, 2 dropperfuls in water or under the tongue once per day. Consistent use is emphasized; the manufacturer suggests noticing results after several weeks, with best outcomes after 8–12 weeks of daily use. There is no official “prescribed” amount like a drug; users should follow the label or doctor’s advice.

- The product is said to be manufactured in an FDA-registered, GMP-certified facility, and the site claims the formula is *non-GMO* and free of artificial fillers.
- It comes with a **60-day money-back guarantee** if dissatisfied, which is common for supplements.
- There is no need for a prescription to use Audizen; it’s sold over-the-counter online.

## Safety:

- All the listed ingredients are generally well-tolerated in normal amounts. Magnesium and zinc can cause mild stomach upset in some people. Vitamin B6 in high doses (much higher than in Audizen) can rarely cause nerve symptoms, but the supplement likely contains safe levels.
- People with allergies to any component (e.g. herbal extracts) should avoid it.
- Pregnant or nursing women, or those with serious health conditions, should consult a doctor before starting Audizen or any supplement.
- Keep in mind: *Dietary supplements are not FDA-checked for efficacy.* Audizen’s marketing statements have not been evaluated by the FDA. This means there is no regulatory guarantee of effectiveness for tinnitus or hearing benefits.

There are no reports of major side effects in reviews, but negative experiences typically focus on lack of results rather than adverse reactions. One reviewer mentioned the taste was unpleasant. Overall, Audizen appears low-risk physically (since it uses standard nutrients), but high-risk in terms of expectations (many users see no benefit, see Reviews section).

[\*\*AUDIZEN OFFICIAL WEBSITE >>>\*\*](#)

## Pros & Cons of Audizen

### Pros (potential benefits):

- **Natural Ingredients:** Audizen uses a plant-based formula with recognized vitamins and herbs. Some consumers prefer this to prescription meds.
- **Multi-Action Blend:** By combining antioxidants, nutrients, and herbs, it targets several pathways (circulation, inflammation, nerves). In theory, this broad approach might help overall ear support.
- **Liquid Drops:** Sublingual drops may be easier to take daily than pills, and nutrients may absorb faster than capsules.

- **Money-Back Guarantee:** A 60-day refund policy reduces financial risk if it doesn't work for you.
- **Positive Testimonials:** Some users (mostly on official sites) report perceived improvements in hearing clarity and tinnitus relief.

**Cons (limitations & cautions):**

- **Limited Independent Evidence:** There's no published clinical trial on Audizen itself. Most claims rely on ingredient properties or manufacturer tests. Ginkgo and other herbs have not shown clear benefit for tinnitus in research.
- **Mixed Reviews:** Many user reviews (see below) are very negative. Some critics call it "snake oil" and accuse the marketing of being misleading.
- **Cost:** Multiple bottles (often sold as 3, 6, or 12 bottle packs) can be expensive, especially if you have to use it for months.
- **Taste & Dosage Uncertainty:** A few users complain about the taste. Measuring the correct "2 droppers" can be tricky without guidance, so people may under- or over-take.
- **No Quick Fix:** Results (if any) seem to appear only after weeks of use. Users must be patient and consistent.



## Who might consider Audizen?

- Adults experiencing **mild tinnitus or hearing strain** who prefer trying a natural supplement.
- Those looking for *preventive support* for age-related hearing changes.
- People who have already tried basic lifestyle changes (e.g. ear protection, stress reduction) and want an additional step.
- Not for those with serious hearing loss requiring devices – it is not a substitute for hearing aids or medical treatments.
- Anyone should consult a doctor first, especially if tinnitus is new, severe, or accompanied by other symptoms (dizziness, pain).

**Recommendation:** Audizen may be worth a try for individuals seeking a **holistic supplement** for ear comfort, provided they understand it's not guaranteed. The money-back guarantee allows hesitant buyers to test it without losing money. However, it should complement – not replace – conventional care (e.g. seeing an audiologist or ENT doctor if problems persist).

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## Audizen Reviews: What Users Say

User feedback on Audizen is highly mixed, but many independent reviewers have been disappointed. Below is a **balanced summary** of reported experiences:

- **Positive mentions:** On *Audizen's own site*, customers (like Carol from NC, George from TX) give 5-star reviews saying it “did wonders” and “finally” reduced ringing. These testimonials claim improved sleep and sound clarity with sustained use. Some also praise the convenience of drops (mixing with coffee, etc.).
- **Negative experiences:** In contrast, a large number of customers (especially on Amazon and forums) report *no improvement*. Amazon reviewer John Merck says “2 months now with no changes... a waste of time and money”. Others call it a “SCAM” with “no relief of tinnitus.” Common complaints include:
  - “Doesn't work as advertised”.
  - “Taste is awful”.
  - Frustration with marketing: some felt misled by fake endorsements (e.g., a reviewer was angry to learn a Dr. Oz endorsement was false).
  - Difficulty measuring dose: one user wrote “no way to measure how much you take”.
- **Average rating:** The Amazon listing currently shows ~2.8/5 stars (from 34 ratings), indicating a split but trending negative. Trustpilot and Reddit threads (see below) similarly point to low trust.

**Common themes from reviews:** Many users note **no symptom change**, feeling the supplement did not affect their tinnitus. Several review posts use strong language like “snake oil” or “total waste”. At the same time, a few do report subjective improvements in ear comfort or mental clarity, but these are a minority on public forums.

For completeness, note that online marketing (videos on social media) has been criticized as misleading. On Reddit's tinnitus forum, users flagged an advertisement featuring famous doctors (now revealed as AI-generated) and strongly advised against it. Some see Audizen as one of many *ClickBank*-sold supplements promising quick fixes.

**Limitations of reviews:** All user comments are personal opinions. The official Audizen reviews on their site are likely vetted (they claim “*Verified Purchase*”). Unofficial reviews (Amazon, Trustpilot) are candid but sometimes extreme. We encourage readers to look at multiple sources (including healthcare advice) when deciding.

Despite criticism, Audizen’s supporters claim it has helped them. In our balanced view, the weight of evidence from users is **more negative than positive**. This suggests prospective buyers should temper expectations and rely on solid evidence.

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## Ingredient Evidence: Details and References

To better understand Audizen, the table below compares each main ingredient against published research. This helps identify which ingredients have supporting studies and which are largely theoretical:

Ingredient	Audizen Claim	Research Evidence
Ginkgo Biloba	Improves circulation, protects ear cells	<b>Limited benefit.</b> A 2011 Cochrane review concluded “ <i>Ginkgo biloba does not benefit patients with tinnitus</i> ”. Some animal/older human studies showed minor improvements, but overall evidence is weak.
Magnesium	Nerve function, protects from noise damage	<b>Partly effective.</b> Magnesium supplements have been studied for noise-induced hearing loss. One review notes magnesium can be “ <i>partly effective</i> ” in protecting hearing. It may help those with low Mg, but it is not a proven cure for tinnitus.
Zinc	Repairs cells, tinnitus relief	<b>Some positive findings.</b> Zinc deficiency is linked to hearing issues. A clinical trial found <b>statistically significant tinnitus improvement</b> (lower THI scores) after 2 months of zinc in noise-induced hearing loss patients. Those results suggest zinc helped reduce perceived tinnitus, though hearing thresholds didn’t change.

Vitamin B6	Neurotransmitter support, reduced inflammation	<b>Plausible, but unproven.</b> B6 is needed for nerve health. Deficiency can cause nerve problems. However, direct studies of B6 <i>supplementation</i> for tinnitus are scarce or inconclusive. It's generally safe, though high doses (well above supplement norms) can cause nerve issues.
Vitamin B12	Nerve repair, energy	<b>Evidence of link.</b> Deficiency is often found in tinnitus patients. Some studies show B12 shots or pills improve tinnitus in deficient individuals. For example, one trial reported that people with chronic tinnitus and low B12 saw <b>significant symptom improvement</b> after B12 injections. However, if you already have normal B12, extra might not help.
Folate (B9)	Circulation support, nerve health	<b>General role.</b> Works alongside B12 for blood health. Low folate can affect homocysteine levels (which can affect circulation). There is little direct research on folate and tinnitus, but adequate folate is important for vascular health.
Alpha Lipoic Acid	Antioxidant, nerve protection	<b>Possible benefit.</b> ALA is a strong antioxidant studied in diabetic neuropathy and some hearing research. It can reduce oxidative stress in nerves. Animal studies suggest it may protect hearing cells from damage. Human trials are limited, but it's generally considered supportive in nerve health.
N-Acetyl L-Carnitine	Energy and nerve regeneration	<b>Used in some trials.</b> N-Acetyl L-Carnitine (NALC) is sometimes studied for nerve damage (e.g., hearing fatigue, neuropathy). It can improve energy metabolism in cells. There is some research supporting its use in age-related hearing loss when combined with other agents. Alone, evidence is moderate at best.
Herbal Extracts (e.g. Green Tea, Hawthorn)	Anti-inflammatory, antioxidant	<b>Mixed results.</b> - <b>Hawthorn:</b> Lacks evidence for tinnitus; patient information sites state " <i>no evidence available</i> " for tinnitus treatment. It's more known for heart health. - <b>Green Tea (EGCG):</b> A catechin with antioxidant effects. Some lab studies show EGCG protects cochlea in noise-exposed animals. No direct human trials for tinnitus, but antioxidant value is plausible. Overall, the specific herbs listed by Audizen have limited tinnitus research.

The table uses the official Audizen claims (left column, from their site) and cross-references scientific findings. Citations show where evidence comes from. Note that most research is small-scale or

mixed: a lack of evidence in one ingredient does not prove it *won't* work, but it means we should be cautious.

**Key takeaway:** Some ingredients (like zinc, B12) have at least small supportive studies, while others (ginkgo, hawthorn) are not proven for ear issues. Audizen's approach is to combine many such ingredients, hoping they synergize.

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### Typical Usage and Timeline

Audizen is intended for **daily use**. Each bottle contains a 30-day supply of drops. The company suggests a regimen like: *"Take two dropperfuls of Audizen drops each morning with water"*. Users often incorporate it into their routine (e.g. with breakfast or in a smoothie). No special timing (like with meals) is specified, but consistency matters.

No official user guide beyond the label is available publicly. Testimonials imply that *regular, continued use* is needed. Below is a rough timeline of what customers *might* expect, as implied by marketing and user reports:

- **Week 1-2:** Begin supplementation. Some users may notice initial changes in ear comfort or alertness, but most see no immediate effect.
- **Weeks 3-6:** If Audizen is going to work, subtle improvements may emerge. For example, sounds might seem slightly crisper, or the "rush" of tinnitus may lessen for short periods. This is anecdotal; some may feel no difference yet.
- **Weeks 7-12:** According to the brand, this is when clearer benefits appear. Users might report a **noticeable reduction in ringing/buzzing intensity**, and overall hearing feeling steadier. This phase aligns with our flowchart above.
- **Beyond 12 Weeks:** Continued use could maintain any gains. The idea is to keep supporting the ear's health. The official guarantee extends to 60 days, so after 12 weeks one may decide whether it's helping enough to continue.

Individual experiences vary widely. Importantly, if someone *doesn't notice any change after 8–12 weeks*, it's reasonable to conclude Audizen isn't effective for them. The company's 60-day refund helps here. It's also wise to combine any supplement with general ear-friendly habits: avoiding loud noises, managing stress, and staying hydrated.

**Safety note:** As with any supplement, if you experience any adverse effect (e.g. stomach upset, allergic reaction), stop use and consult a doctor.

# Who Should Consider Audizen?

Audizen is geared towards adults who:

- Experience **tinnitus (ear ringing)** or mild hearing changes and want a natural supplement approach.
- Prefer a *liquid drop* supplement (some people find drops more convenient than pills).
- Are interested in preventive ear health (they worry about age-related hearing decline).
- Want to try a blend of vitamins/herbs rather than a single supplement.

It is **not** targeted for:

- People with **severe hearing loss** who need hearing aids or medical treatment.
- Children (Audizen is marketed for adults).
- Individuals who require immediate relief (it's slow-acting).
- Those looking for a quick fix; it requires weeks of use.

Before deciding to buy Audizen (online), consider your overall health. For example, if you have high blood pressure, another supplement might have unintended effects. Always check with a healthcare professional. And remember, Audizen *supplement* is complementary; it shouldn't replace established medical care.



# Frequently Asked Questions

1. **Q: Is Audizen a prescription drug?**

A: No. Audizen is sold as a **dietary supplement**. It does not require a doctor's prescription and is not FDA-approved for treating tinnitus or hearing disorders.

2. **Q: How long until I see results?**

A: Results vary. Most guidance suggests **at least 4–8 weeks** of daily use before expecting noticeable changes. Some users report subtle benefits sooner, others notice nothing at all. Consistency is key.

3. **Q: Are there any side effects?**

A: Audizen contains common nutrients (ginkgo, vitamins, minerals). Side effects are usually mild (e.g. stomach upset from magnesium or zinc). People allergic to any component should avoid it. There are no known serious side effects, but always discontinue if you experience discomfort.

4. **Q: Can I use Audizen with hearing aids or other meds?**

A: Generally yes – Audizen is a supplement, not a drug, so it shouldn't interfere with hearing aids. If you take medication (especially blood thinners or blood pressure drugs), talk to your doctor, since herbs like ginkgo and hawthorn can affect circulation.

5. **Q: Where can I buy Audizen?**

A: Audizen is available **online only**. The safest way is via the **official Audizen website** or authorized retailers (check the site for links). Buying from official channels ensures you get the genuine product and any available discounts or guarantees. Avoid unknown third-party sellers.

6. **Q: What if Audizen doesn't work for me?**

A: The manufacturer offers a **60-day money-back guarantee**. If you've used it consistently for that period and aren't satisfied, you can request a refund per the policy. Always keep your receipts and follow the guarantee's instructions.

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## Conclusion and Call to Action

**Audizen** is a **natural supplement** aimed at supporting tinnitus and overall ear health. Its blend of Ginkgo, minerals, and vitamins is rational on paper: these ingredients *could* improve circulation and nerve function in the ears. However, independent evidence for its effectiveness is limited.

Many users report little to no change, so it may not work for everyone. If you do decide to try Audizen, do so with realistic expectations: it's a supplement, not a cure. Use it for a full 8–12 weeks and note any gradual changes. If the ringing in your ears persists or worsens, continue seeking advice from healthcare professionals.

For those interested in a *try-it-yourself* approach, **Audizen drops** can be ordered online. Visit the official Audizen website to learn more and **order Audizen**. Remember the 60-day satisfaction guarantee: you can *try Audizen risk-free* and return it if it doesn't meet your needs. Supporting healthy hearing and reducing tinnitus is a journey – Audizen is one natural tool some people consider adding to their regimen.

**Takeaway:** Audizen offers a multi-ingredient formula with theoretical benefits for **ear health**. Its ingredients like zinc and antioxidants are backed by some research, but no supplement alone is proven to eliminate tinnitus. Balancing the hopeful marketing with evidence and user feedback, consider Audizen as one possible supplement to *try* if you're seeking natural support for hearing wellness.

Basic	BEST VALUE!	Most Popular
<b>2 BOTTLES</b> 60 DAY SUPPLY	<b>6 BOTTLES</b> 180 DAY SUPPLY	<b>3 BOTTLES</b> 90 DAY SUPPLY
		
<b>\$79</b> PER BOTTLE	<b>\$49</b> PER BOTTLE	<b>\$69</b> PER BOTTLE
<a href="#">BUY NOW</a>	<a href="#">BUY NOW</a>	<a href="#">BUY NOW</a>
VISA, MASTERCARD, AMERICAN EXPRESS, DISCOVER	VISA, MASTERCARD, AMERICAN EXPRESS, DISCOVER	VISA, MASTERCARD, AMERICAN EXPRESS, DISCOVER
Total: <b>\$158</b> +9.99 SHIPPING	Total: <b>\$294</b> + <b>FREE</b> SHIPPING	Total: <b>\$207</b> + <b>FREE</b> SHIPPING

